



SYMPTOM SURVEY

PATIENT INFORMATION

Today's Date: _____
Patient Name: _____

PHYSICAL SYMPTOMS

Check off all of the following physical symptoms/health issues that apply:

- | | | | | |
|--|--|--|--|---|
| <input type="checkbox"/> Low Back Pain | <input type="checkbox"/> Sciatica | <input type="checkbox"/> Disc Herniation | <input type="checkbox"/> Headaches/Migraines | |
| <input type="checkbox"/> Mid Back Pain | <input type="checkbox"/> Pain/Tension/Numb | <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Head Injury | |
| <input type="checkbox"/> Neck Pain | <input type="checkbox"/> Shoulders | <input type="checkbox"/> Arms | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Sports Injury |
| <input type="checkbox"/> Hip Pain | <input type="checkbox"/> Legs | <input type="checkbox"/> Hands | <input type="checkbox"/> Menstrual Cramps | <input type="checkbox"/> Motor Vehicle Accident |

Which of the above bothers you most? _____

How long have you been bothered by this condition? _____

CONDITIONS

Check off all of the following conditions you are experiencing or have experienced:

- | | | | |
|--|--|---|---|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Cancer | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Insomnia/Sleep Problems | <input type="checkbox"/> Menopausal Symptoms | <input type="checkbox"/> Asthma | <input type="checkbox"/> Ringing in Ears |
| <input type="checkbox"/> Fatigue | <input type="checkbox"/> PMS/Irritability | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Sinus Problems |
| <input type="checkbox"/> Digestive Trouble | <input type="checkbox"/> Hormonal Imbalance | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Allergy |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Infertility | <input type="checkbox"/> Nervousness | <input type="checkbox"/> Weight Trouble |
| <input type="checkbox"/> Diarrhea | <input type="checkbox"/> Sexual Dysfunction | <input type="checkbox"/> Stress/Anxiety | <input type="checkbox"/> Thyroid Disorder |
| <input type="checkbox"/> Gas | <input type="checkbox"/> Bladder Trouble | <input type="checkbox"/> Depression | <input type="checkbox"/> Other |
| <input type="checkbox"/> Bloating | | | |
| <input type="checkbox"/> Heart Burn | | | |

Which of the above is your biggest concern? _____

How long have you been experiencing this condition? _____

OTHER

Please let us know if we have missed something you would like to share:

AFFECTS

Do these problems affect your ability to enjoy work? Yes No

Do these problems affect your ability to enjoy family and friends? Yes No

Do these problems affect your ability to sleep? Yes No

If you checked any of the above items, you could be suffering from:

- Undetected Nerve Damage
- Destructive Effects of Stress
- Autonomic Imbalance

Signature of Patient

Date Signed